

## Checklist For Family Caregivers

<b>Personal Care</b>	
• Bathing/Grooming:	_____
• Feeding:	_____
• Dressing:	_____
• Toileting:	_____
• Exercise/Physical Therapy:	_____
• Other:	_____
	_____
<b>Daily Activities/Maintaining the Household</b>	
• Shopping:	_____
• Cleaning:	_____
• Cooking:	_____
• Laundry:	_____
• Going to Appointments:	_____
• Doing/Taking Patient to Do Errands:	_____
• Other:	_____
	_____
<b>Participating in Medical/Nursing Care at Home</b>	
• Administering Medications:	_____
• Performing Medical Procedures (e.g. changing dressings):	_____
• Communicating with the Health Care Team:	_____
• Symptom Management (e.g. pain, breathlessness):	_____
• Other:	_____
	_____
<b>Supervision</b>	
• Visiting:	_____
• Providing Emotional Support:	_____
• Providing Companionship:	_____
• Checking on the Patient:	_____

• Other:	_____
	_____
	_____
<b>Organizing Home Care</b>	
• Visiting Nurse:	_____
• Home Care:	_____
• Hospice Home Care:	_____
• Physical Therapy:	_____
• Ordering Equipment:	_____
• Other:	_____
	_____
	_____
<b>Organizing Medical Care</b>	
• Keeping Track of Appointments:	_____
• Picking Up Prescriptions:	_____
• Transportation to Appointments:	_____
• Acting as a Health Care Proxy:	_____
• Dealing with Emergency Hospital Visits:	_____
• Managing Deliveries of Supplies/Equipment:	_____
• Other:	_____
	_____
	_____
<b>Managing Finances</b>	
• Handling Insurance:	_____
• Maintaining Bank Account:	_____
• Collecting Social Security Benefits:	_____
• Paying Bills:	_____
• Paying for Items Not Covered by Insurance:	_____
• Will & Estate Planning:	_____
• Other:	_____
	_____
	_____
<b>Other</b>	